

# **Garstang Community Primary School**



## **Physical Education Policy November 2019**

**PE Coordinator: Mr A Dignan**

## **Introduction**

This document is a statement of aims, principles and strategies for the use of Physical Education (PE) at Garstang Community Primary School.

## **The Place of PE in the Curriculum**

Physical Education (PE) is one of the foundation subjects in the National Curriculum and must be taught to all pupils within the age range of the school. It should be taught for two hours per week in KS1 and KS2. There are six main areas within the subject - games, gymnastics, dance, swimming, athletics and outdoor & adventurous activities.

## **Vision, Aims and Purpose**

At Garstang Community Primary School we encourage children to acquire new knowledge and skills and to develop an in-depth understanding of the subject.

Our pupils show a willingness to practise skills in a wide range of different activities and situations, alone, in small groups and in teams. They apply these skills in chosen activities to achieve high levels of performance.

During their physical activity, our children will show outstanding levels of originality, imagination and creativity in their techniques, tactics and choreography. They demonstrate an understanding of how to improve their own and others performance and the ability to work independently for extended periods without guidance and support.

Finally, our pupils are able to take the initiative to become excellent young leaders, organising and officiating whilst motivating and instilling excellent sporting attitudes in others.

## **The Characteristics developed in Garstang PE lessons.**

### **Garstang Children:**

- succeed, excel and enjoy competitive sport and demanding activities.
- are able to maintain physical activity over sustained periods.
- have confidence to lead healthy and active lifestyles.
- are fair players and show respect for themselves and others.

## Teaching and learning

We apply a wide range of teaching styles within PE lessons, which allow our pupils to develop knowledge, skills and understanding. We do this through a mixture of whole-class teaching and differentiated individual or whole class activities.

Teachers will regularly select children of a range of abilities to model their performances, allowing them to discuss, evaluate and develop each other's abilities. This leads to a deeper understanding of how they can improve as a performer.

Within lessons, children are encouraged to work together and to compete against their peers, whilst sporting fair and positive attitudes towards one another. Activities will be pitched appropriately, allowing all pupils to achieve their potential, and will utilise a range of resources (for example iPads) to add a cross curricular element. The learning environment will foster pupil's ability to recognise their own strengths and areas for development, thus improving their chances of reaching their true potential. Lessons will provide appropriate activities, which enable pupils to develop as independent enquirers, creative thinkers, reflective learners, team workers, self-managers and effective participators. Children will also be encouraged to think about identified values, such as honesty and determination, during their PE lessons, to help them develop their character.

## Subject Organisation

Garstang Community uses the Lancashire scheme of work as the basis for its curriculum planning in PE. The curriculum planning in PE is constructed in three main phases (long, medium and short term planning).

- The long-term plan or curriculum map (Appendix 1) sets out the main activities and core tasks that each year group will undertake at different points in the year. The PE subject leader has devised the overall curriculum map with the staff.
- The medium-term plans are based on the Lancashire scheme of work. This outlines the main teaching points and learning objectives that we cover in each unit of work. The class teachers have access to the plans and are in constant contact with the subject leader to discuss how to implement them with their class.
- We have planned a progressive curriculum, which builds on the prior learning of pupils, so that they are increasingly challenged as they progress in an activity. The Lancashire scheme of work is used as a guideline only, with teachers applying their professional judgement, to ensure that lessons are differentiated to support and challenge every pupil.

Each class is allocated two sessions in the school hall. This allows us to maintain our level of PE delivery, even in times of adverse weather. Our curriculum has been organised to take account of British weather patterns, with activities requiring an outdoor space being placed in the warmer, dryer terms of the academic year (Appendix 1).

## **In The Early Years Foundation Stage (Reception):**

Physical development is an integral part of all learning within our Reception class. Fine motor skills are developed through a range of activities within everyday learning, which contributes to whole child development. Reception teachers develop continuous provision activities, which look to enhance the learning within PE lessons. The teachers use the Lancashire Foundation Stage PE Scheme of Work, for their main planning, but are aware of how to tailor activities to their own topics. The main focus within all lessons is on FUNdamentals of movement (balance, agility and coordination), increasing the children's physical competence, and developing a foundation for future learning.

## **In Key Stage One (Years 1-2):**

Teachers plan and deliver using the Lancashire PE Scheme of Work for KS1, but are encouraged to adapt the lessons to suit their own class. The areas of study are; Games (Invasion, Net and Wall, Striking and Fielding), Dance, Gymnastics, Athletics and Swimming. Swimming and water safety will be introduced in Year 2, which will be taught by a qualified instructor at the local swimming centre. Children will be walked to the swimming centre by a minimum of one class teacher and one teaching assistant (supply teachers or teaching assistants may be used to cover absence). Pupils in KS1 are entitled to a minimum of two hours physical education per week.

## **In Key Stage Two (Years 3-6):**

All teachers deliver KS2 PE using the Lancashire Scheme of Work. This is modified to suit the needs of pupils at Garstang Community School. Individual units of study can be found in the Curriculum Map. Pupils are entitled to a minimum of two hours physical education per week. Outdoor and Adventurous activity will be taught in Year 4 and Year 5. Core tasks are a key part of the curriculum, allowing teachers to monitor the level of differentiation needed for their class. Teachers are encouraged to modify activities to challenge and support all learners. Guidance can be sought from the subject leader about how to best do this.

## **Approaches (Inclusion and Differentiation):**

We teach PE to all pupils, whatever their ability or individual needs. We strive hard to meet the needs of those pupils with special educational needs and disabilities (SEND), those with special gifts and talents, and those learning English as an additional language, and we take reasonable steps to achieve this.

We enable all pupils to have access to the full range of activities involved in learning PE. Where pupils are to participate in activities outside our school (a sports event at another school, for example) participants are selected by the adults taking the children to the event.

Gifted and talented athletes are directed towards club contacts in the local area. They are also provided with many opportunities to develop their performances, e.g. the Wyre and Fylde SSP gifted and talented camp.

## Assessment for Learning:

Teachers are regularly conducting dynamic assessments of the children's abilities as they are working within PE lessons. In Key Stage One, the teacher will model evaluation techniques in order to promote improvement. In Key Stage Two the pupils will be encouraged to reflect critically their own work, and that of their peers, developing self-assessment skills.

At the end of each lesson, teachers make judgements against the provided criteria to help them plan future lessons. As of November 2019, a new iPad based assessment app is being trialled as part of the Wyre and Fylde School Sports Partnership. This should make assessments and evidence gathering much easier for teachers to manage.

## Resources

There is a wide range of resources to support the teaching of PE across the school. The equipment is regularly analysed to ensure that an excellent level of provision is maintained.

The hall contains a range of large apparatus, and we expect the pupils to help set up and put away this equipment as part of their work. By so doing, the pupils learn to handle equipment safely. The pupils use the school field and playground for games and athletics activities, and the Garstang swimming pool for swimming lessons.

## Uniform

Clothing for Physical Education and School Sport should be well suited to its function. It should be light and allow good freedom of movement, without being baggy or loose, for work indoors.

Footwear should demonstrate effective grip, support and reasonable protection for outside work and games. In Gymnastics and Dance, pupils' footwear should be capable of transmitting feel for the movement and surface that they are working on. In these cases, bare feet is recommended, but pumps are accepted. This class teacher will ultimately make the decision as to what they feel is appropriate.

The following items are the required PE kit:

- White, loose fitting t-shirt.
- Loose fitting, black shorts.
- Pumps or training shoes.
- School jumper, in colder weather.

**Children will not be allowed to participate in PE in normal school uniform.**

It is school policy that jewellery must be removed before participation in any PE Lessons. Earrings should be removed for PE and swimming. Where this is not possible (newly pierced ears) advice should be sought from the PE lead within the school. Under no circumstances should plasters be used to cover earrings, as this does not safeguard children from injury.

## **Health and Safety**

We encourage the pupils to consider their own safety, and the safety of others, at all times. Teachers will also change for PE, to ensure that they are also safe.

Teachers are encouraged to complete a dynamic, mental risk assessment during all PE lessons to ensure that our pupils are safe at all times. All written risk assessments can be found in the Risk Assessments Master File, which is located in the site supervisor's room.

All classes are allocated two hours of hall time, to ensure that PE can still be taught during periods of errant weather. Teachers will make an educated judgement on whether they feel the outdoor areas are safe. If not, they will utilise one of their hall times.

Staff can contact the subject leader, at any time, if they are unsure how to safely deliver an activity. In depth training and CPD is continually provided to ensure that staff are fully confident with all areas of the PE curriculum.

## **Quality Assurance**

Monitoring of the quality of teaching and learning takes place through observations, professional discussions and scrutiny of evidence. The new iPad assessment app, which is currently being trialled, will assist in the quality assurance process and making evidence gathering simpler.

## **Cross Curricular**

PE is used to improve the attitudes and behaviour for learning across the school, with a range of enrichment opportunities. Teachers use iPads to develop the children's competencies with self and peer evaluation. Dance and drama are regularly used across the school to enhance the teaching of literacy and improve attainment in writing.

## **Inter-Schools Competitive Sports**

Pupils have a wide range of opportunities to compete against other schools in sports. They take part in the Whit Cup football and netball, sports hall athletics and outdoor athletics, at different times in the year. Competitions in cross country running, table tennis, basketball, tennis and hockey, ensure that there is a wide range of activities available to all children. Children at Garstang Community Primary take great pride in demonstrating fair play and sporting behaviour at these events and relish the opportunity to represent their school.

## **Intra-Schools Competitive Sports**

The main Intra-school competition is the school sports day, which runs in the summer term, annually. In this, children compete in mixed age and gender groups and are challenged to win points in each activity that they face. In PE lessons, children have many opportunities to compete against their peers, but most importantly, they are challenged to improve their own performances.

### **The PE coordinator should:**

- Take a leading role in developing, implementing, monitoring and updating the PE policy and guidelines.
- Be available for advice in the development of schemes of work designed to ensure the continuity and progression in PE throughout the school.
- Support colleagues with planning, teaching and assessing.
- Monitor teaching and learning in PE, organising any further opportunities for development if required.
- Help to arrange CPD opportunities.
- Order, organise and monitor equipment and resources for safety and replacement.
- Liaise with other members of staff to identify needs for budgeting.
- Instigate and co-ordinate applications for funding from supporting organisations to use to extend PE and Sports Provision.
- Keep up-to-date with new developments and disseminate information to colleagues as appropriate.
- Communicate with other PE Co-ordinators and outside organisations.
- Co-ordinate visits by guest coaches.